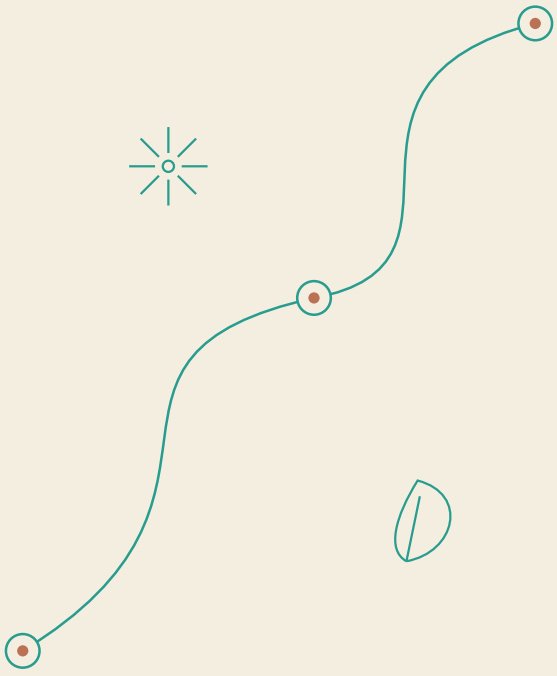
A LITTLE LOCAL GUIDE TO

Antigua Guatemala

Find your rhythm on the cobbles



GUATEMALA

Good days, small discoveries & a rhythm of your own.

HELLO, TRAVELER

Find your little corner.

You do not need to see everything. Start with a place you would enjoy coming back to.

01 Centro

A starting point for a compact daily circuit among the historic streets. Leave time for the pace of the cobbles.

02 La Merced

Compare the streets near La Merced with your intended school or workspace. A quiet bedroom still depends on the specific building.

First morning

Put your bags down, find something to eat and take one short walk near your home. Learn the return route while it is light. A familiar corner is a good first discovery.

A DAY TO EASE INTO

Start small. Leave room.

Three ways to shape a first day. Use transport between areas when needed; there is no need to rush through every stop.

1

A gentle beginning

Explore Centro

Start with this as your first anchor, then leave time for a drink or a meal before deciding what comes next.

2

A proper pause

A bowl of pepián

Give this its own pocket of time. Pick the part that interests you rather than trying to cover everything at once.

3

One small adventure

Explore the colonial centre

Keep this as another day's possibility if the first two plans already feel full. There is no prize for finishing the list.

A FEW GOOD REASONS TO GO OUT

Follow your curiosity.

Keep the first walk around the colonial centre and La Merced. A language class can add a regular point of contact to the week, while a volcano outing deserves a separate day, qualified guidance and a realistic view of your fitness.

Explore the colonial centre

Choose this when you want a different pace from the rest of your day. Keep the next commitment flexible.

Visit the La Merced area

Choose this when you want a different pace from the rest of your day. Keep the next commitment flexible.

Join a Spanish-language class

Choose this when you want a different pace from the rest of your day. Keep the next commitment flexible.

ONE SMALL WAY INTO A PLACE

Stay for lunch.

A bowl of pepián



Pepián is a rich Guatemalan stew, often made with chicken and a sauce of toasted seeds and spices. Make it a sit-down meal, then leave a different morning for a café and a slower start. Ask about ingredients when choosing between versions.

Make it your own

Choose the version that suits your appetite and dietary needs. Ask about fillings, sauces and preparation rather than assuming a dish is the same everywhere.

A little ritual

Return to a place you liked. Learn a name, notice what changes on the menu, and let an ordinary meal become part of the memory.

FOR THE DAYS YOU WORK

A desk.
A little balance.

Leave part of the week ordinary. A comfortable working day gives the exploring days room to breathe.

Impact Hub Antigua · Centro

A work option to ask about. Choose the access plan, call arrangements and opening hours that match your own schedule.

El Cubo · San Lorenzo el Cubo, outside the centre

A work option to ask about. Choose the access plan, call arrangements and opening hours that match your own schedule.

Before opening the laptop

Try a call from the seat you will use, ask where conversations belong and check how you would work if the home connection stopped. Keep one enjoyable, easy outing for after the workday.

LEAVE A LITTLE FLEXIBILITY

Pack for the day you find.

Cobbles can make walking slower than the distance suggests. Comfortable shoes and an unhurried schedule are more useful than an ambitious first-day checklist.

A feel for the seasons

The local climate reference spans monthly mean temperatures of 16–19°C. These are monthly averages, not daily highs or a forecast. Bring layers and choose outdoor plans for the conditions on the day.

Small things worth carrying

- ☐ Water & something for a change in weather
- ☐ Comfortable shoes for the actual surfaces
- ☐ Your accommodation address saved offline
- ☐ A little room in the day for an unexpected stop

YOUR POCKET PAGE

The useful little things.

MONTHLY LIVING BUDGET / USD

Private bedroom $900–$2,150

Entire apartment $1,150–$2,600

A comparison basis for stays of different lengths. Totals include ordinary food, transport, work access, extras and a contingency allowance. Flights, deposits and major medical costs sit outside this basket.

MY ACCOMMODATION & A CONTACT NUMBER

A PLACE I WANT TO RETURN TO

Keep a little room for discovery.

You do not need to finish a city to enjoy being there.

Nomad City Fit Finder · Original travel booklet
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